



# HeadSmart™

SPORTS CONCUSSION PROGRAMME  
AUSTRALIA · SOUTH AFRICA · UK





# HeadSmart™

SPORTS CONCUSSION PROGRAMME  
AUSTRALIA · SOUTH AFRICA · UK



**Ben Ikin**  
Fox Sports

In my opinion rugby league should continue its evolution around two key platforms - fan engagement & player safety. The HeadSmart Sports Concussion Programme would help address the growing concern of brain injuries in the game.

**Joe Greenwood**  
Gold Coast Titans

During my second concussion in a short period of time I was put in contact with Dr Ryan Kohler, mainly through video call at my convenience. He was brilliant, very helpful and easy to understand. He went into great detail as to trying to understand my symptoms and grasp the severity of my head injury, asking questions and covering each symptom thoroughly. Ryan also made me feel very at ease by going into detail with me why certain symptoms were occurring, putting my mind at rest, and also giving me tips on how to prevent some symptoms worsening from everyday actions (standing up etc). I would like to thank Ryan and his team for making him easily contactable for me, and also helping me get back to full recovery.

## Why use HeadSmart™?

The HeadSmart™ Sports Concussion Programme is the point of entry to a network of health care practitioners who can manage athletes and players with sports concussion. Our Ready Recognise Refer approach comprises a packaged educational webinar, approved baseline computerised screening and the sideline FirstResponder head injury App. A baseline reference point makes for accurate concussion diagnosis and return to academics, work and exercise as supervised by a medical practitioner. HeadSmart™ is a front end fit to compliance with national sporting organisations concussion protocols and promotes athlete and player safety.

## How to use HeadSmart™?

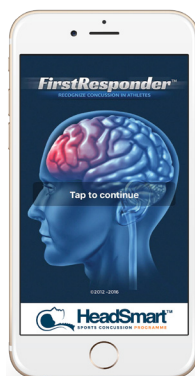
### READY



#### BASELINE BRAIN FUNCTION

- Uses playing cards to assess reaction time, memory, concentration and attention within 8-10 minutes.
- Appropriate for ages 8+.
- Baseline screening provide medical doctors with accurate comparative test re-test brain function results.
- Monitors for any long-term cumulative brain damaging effects of concussion.

### RECOGNISE



#### FIRSTRESPONDER™ APP

- Real-time concussion recognition tool taking less than 90 seconds to complete.
  - Used by parents & coaches on the sideline.
- Includes:**
- A series of "Yes / No" questions for concussion signs & symptoms.
  - Simple memory related pictures.
  - Save & email PDF report functionality to doctors, parents & coaches.

### REFER



#### FIND A DOCTOR








- Worldwide access to a network of HeadSmart™ identified medical doctors, competent to treat sports concussion.
- Easily access concussion screening & rehab centres near you, thus providing every opportunity for a safe return to school & sport.

## Benefits

### RISK MANAGEMENT STRATEGY

-  Risk and policy support
-  Medical provider network
-  Concussion register
-  24/7 admin support
-  Post-concussion assessment
-  Concussion research options
-  Specialist support for doctors

### CONCUSSION TOOLS

-  CogState baseline screening
-  FirstResponder™ App
-  Education programme
-  Symptom check template
-  Return to school template
-  Return to exercise template
-  Medical clearance certificate

